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New surgery boon for knee patients

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Kolkata: The periods of hospitalization and recovery for knee-replacement surgery patients have come down significantly, thanks to improved techniques and quality implants. Such surgery was conducted on three patients at Belle Vue Clinic on Wednesday.

Earlier, a knee-replacement surgery meant at least six days of post-operative hospitalization and the patient would be able to walk only four days later. But now, patients can stand up within hours of the surgery and start walking on the second day.

While doctors in the city have been performing minimally invasive surgery for quite some time now, minimally invasive computer-assisted total knee arthroplasty was performed on three patients—Sambhunath Bit (52), Meena Devi Chowdhury (65) and Chhaya Chattopadhyay (72)—at Belle Vue on Wednesday.

"Computer-assisted total knee arthroplasty and minimally invasive surgeries have been performed in the city, but independently. Minimally invasive



A patient after surgery

computer-assisted total knee arthroplasty is being done in Belle Vue Clinic for the first time in eastern India," said Dr Santosh Kumar who performed the surgery, one of them live, on Wednesday.

The conventional procedure enabled the patient to stand up on the third day of surgery, walk on the fourth day and get discharged from the hospital either on the fifth or the sixth day. But minimally invasive surgery enables the patient to stand within a few hours of the surgery, walk on the second day and walk out of the hospital on the third.